

CROWTON CHRIST CHURCH C of E PRIMARY SCHOOL ~ THREE-WEEK MENU

*****Dinners are £2.40 each/£12.00 per week. Please pay via School Spider or make cheques payable to CWAC*****

WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
Beef or Veggie burger & bun with potato wedges, beans or seasonal veg	Beef Bolognese or Quorn Bolognese with spaghetti, garlic bread & seasonal veg	Roast of the day or Quorn fillet, roast or mashed potatoes, seasonal veg & gravy	Chicken or Quorn curry with rice, naan & seasonal vegetables	Fish & chips with peas or beans
Cheese, ham, egg or tuna on bread of the day (pitta / wrap / roll / sandwich) & salad	Cheese, ham, egg or tuna on bread of the day (pitta / wrap / roll / sandwich) & salad	Cheese, ham, egg or tuna on bread of the day (pitta / wrap / roll / sandwich) & salad	Cheese, ham, egg or tuna on bread of the day (pitta / wrap / roll / sandwich) & salad	Cheese & tomato pizza with salad
Fruit crumble and custard	Chocolate crunch	Iced sponge cake	Fresh fruit salad or Cheese & Crackers	Shortbread finger

WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
Pork or Quorn Sausage, bacon, scrambled egg, hash brown & beans	Ham, sweetcorn & cheese or Vegetarian pasta bake, with crusty bread & seasonal veg	Roast of the day or Quorn fillet, roast or mashed potatoes, seasonal veg & gravy	Chicken pie with new potatoes & seasonal vegetables	Cheese & tomato pizza with chips & salad
Cheese, ham, egg or tuna on bread of the day (pitta / wrap / roll / sandwich) & salad	Cheese, ham, egg or tuna on bread of the day (pitta / wrap / roll / sandwich) & salad	Cheese, ham, egg or tuna on bread of the day (pitta / wrap / roll / sandwich) & salad	Cheese, ham, egg or tuna on bread of the day (pitta / wrap / roll / sandwich) & salad	Cheese, ham, egg or tuna on bread of the day (pitta / wrap / roll / sandwich) & salad
Apple sponge with custard	Chocolate crispy cake	Jelly	Fresh fruit salad or Cheese & Crackers	Raspberry bun

WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
Pork or Quorn sausage with Yorkshire pudding, mashed potato, seasonal veg & gravy	Pasta Bolognese or vegetable bake with garlic bread & seasonal veg	Roast of the day or Quorn fillet, roast or mashed potatoes, seasonal veg & gravy	Hot chicken or Quorn wrap with savoury rice & seasonal veg	Fish & chips with peas or beans
Cheese, ham, egg or tuna on bread of the day (pitta / wrap / roll / sandwich) & salad	Cheese, ham, egg or tuna on bread of the day (pitta / wrap / roll / sandwich) & salad	Cheese, ham, egg or tuna on bread of the day (pitta / wrap / roll / sandwich) & salad	Cheese, ham, egg or tuna on bread of the day (pitta / wrap / roll / sandwich) & salad	Cheese & tomato pizza with salad
Fruit crumble and custard	Chocolate biscuit	Mousse	Fresh fruit salad or Cheese & Crackers	Melting moment